



TIPS FOR BUILDING GOOD COMMUNICATION BETWEEN HUSBAND AND WIFE: THE PERSPECTIVE OF MUHAMMAD NUZUL DZIKRI

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Abstract

This study aims to identify effective communication tips between husband and wife from the perspective of Muhammad Nuzul Dzikri, an ustaz actively preaching through various media, including YouTube, with a primary focus on the importance of Islamic communication in maintaining household harmony. The method used is a qualitative approach with a literature study method, analyzing various sources on marital communication from an Islamic perspective. The main data was taken from Q&A sessions of Muhammad Nuzul Dzikri's lectures published on YouTube and the study also incorporates previous research on Islamic family communication. Several tips from Muhammad Nuzul Dzikri identified in this study include prioritizing Allah in every communication, respecting each other's time, fostering open communication, and using communication as a means of education within the family. The results show that effective and Islamic communication can maintain household harmony in accordance with Islamic teachings.

Keywords: Communication Tips, Marital Communication, Household Harmony, Muhammad Nuzul Dzikri.

Abstrak

Penelitian ini bertujuan untuk mengidentifikasi tips komunikasi yang baik antara suami dan istri menurut perspektif Muhammad Nuzul Dzikri, seorang ustaz yang aktif berdakwah melalui berbagai media, termasuk YouTube, dengan fokus utama pada pentingnya komunikasi Islami

dalam menjaga keharmonisan rumah tangga. Metode yang digunakan adalah pendekatan kualitatif dengan metode studi literatur, yang menganalisis berbagai sumber tentang komunikasi suami istri dalam perspektif Islam. Data utama diambil dari sesi tanya jawab kajian Muhammad Nuzul Dzikri yang dipublikasikan di YouTube dan penelitian ini juga menggabungkan kajian-kajian terdahulu terkait komunikasi keluarga Islami. Beberapa tips dari Muhammad Nuzul Dzikri yang diidentifikasi dalam penelitian ini meliputi mendahulukan Allah dalam setiap komunikasi, menghormati waktu pasangan, membangun komunikasi terbuka, serta menggunakan komunikasi sebagai sarana pendidikan dalam rumah tangga. Hasil penelitian menunjukkan bahwa komunikasi yang efektif dan Islami dapat menjaga keharmonisan rumah tangga sesuai dengan ajaran Islam.

Kata Kunci: *Tips Komunikasi, Komunikasi Suami Istri, Keharmonisan Rumah Tangga, Muhammad Nuzul Dzikri.*

A. INTRODUCTION

Every couple who marries with clear intentions and goals surely desires to create a harmonious family. Marriage aims to bring about lasting happiness and stability, in accordance with Article 1 of Law Number 1 of 1974, which states that marriage is intended to build a happy and eternal family based on the Almighty God.¹ However, in reality, many families face various challenges and are unable to achieve harmony. Issues such as neglected responsibilities by the husband, infidelity, differences in life principles, polygamy, and domestic violence often lead to disharmony.

Achieving a harmonious family requires real effort and does not happen automatically. A study identified several steps to take, such as maintaining religious life within the family, spending time together with family members, and building good communication between them. Effective communication is the key factor that enables harmony in a household. Family harmony requires open interactions and mutual respect among its members.²

Experts from various fields agree that communication problems are one of the greatest challenges faced by humanity, as the inability to communicate is often the main cause of conflicts, both among individuals and nations. In the context of marriage, poor communication can create tension and disharmony, especially for newlywed couples or those in long-distance relationships. Islam also emphasizes the importance of good communication between husband

¹ Melinda, Rindang, dan Nanik Prihartanti, *Perbedaan Kesejahteraan Subjektif Ditinjau dari Kebersamaan Pasangan Suami Istri dalam Pernikahan*. Skripsi, (Surakarta: Universitas Muhammadiyah Surakarta, 2013).

² Lisbon Pangaribuan, "Kualitas Komunikasi Pasangan Suami Istri dalam Menjaga Keharmonisan Perkawinan," *Jurnal Simbolika: Research and Learning in Communication Study* 2, No. 1 (2016).

and wife to maintain family harmony. By following the communication guidelines taught in Islam, husband and wife can fulfill their rights and duties well, thus building a family based on solid foundations and achieving a peaceful, loving, and compassionate life.³

Muhammad Nuzul Dzikri is an Indonesian scholar actively engaged in da'wah (Islamic preaching) through various media, including YouTube. Born in Jakarta in 1983, he attended school from kindergarten to high school in Jakarta before continuing his studies at the University of Imam Muhammad bin Su'ud, focusing on Shariah law. He graduated in 2009 with a thesis titled "Comparative Study of Marriage Law in Islamic Jurisprudence." In 2010, he continued his studies at the same university, focusing on the Faculty of Arabic Language and Literature.⁴ As of 2024, Muhammad Nuzul Dzikri has 768,000 subscribers on his YouTube channel. His videos cover a wide range of Islamic topics, including tips for building a peaceful home with an emphasis on communication between husband and wife. His da'wah is based on the Qur'an and Sunnah, with a Salafi approach, presented in an easily understandable language that attracts many listeners.⁵ Additionally, his studies are often concluded with a Q&A session, which further enriches the discussion. Many YouTube channels also actively post recordings of Muhammad Nuzul Dzikri's lectures, making them more accessible to the public.⁶

Based on a review of various previous studies, the author has not found any research that specifically discusses tips for building good communication between husband and wife from the perspective of Muhammad Nuzul Dzikri. This shows that this topic still holds great potential for further research, considering the importance of communication in maintaining family harmony, especially within the context of the da'wah he presents. This research is expected to fill this gap by contributing valuable insights for couples who wish to improve communication in their marriage.

Regarding the review of previous studies, including research conducted by Heni Halimatussyadiah, Farid Dwi Andrian, Sulaeman, and Qalbia on "Harmoni Keluarga: Integrasi Kasih Sayang, Komunikasi Efektif, dan Keseimbangan Hidup dalam Perspektif Islam dan Psikologi Keluarga" in 2024. the results of this study show that family harmony can be

³ M. Nur Kholis Al-Amin, "Komunikasi Sebagai Upaya Untuk Membangun Ketahanan Keluarga dalam Kajian 'Teori Nilai Etik,'" *Al-Ahwal: Jurnal Hukum Keluarga Islam* 11, No. 1 (2018).

⁴ <https://www.muhammadnuzuldzikri.com/index.php/Website/About>, diakses pada 22 Oktober 2024.

⁵ Syafa Aulia Saharani, *Analisis Isi Pesan Dakwah Ustadz Muhammad Nuzul Dzikri Melalui YouTube*, Skripsi, (Jakarta: UIN Syarif Hidayatullah Jakarta, 2022).

⁶ Salsa Bila Wulandari dan Deni Irawan, "Batasan Nafkah Suami Kepada Istri Perspektif Muhammad Nuzul Dzikri," *SANGAJI: Jurnal Pemikiran Syariah dan Hukum* 7, No. 1 (2023), hal. 100.

achieved through the integration of love, effective communication, and life balance based on the perspectives of Islam and family psychology. The similarity with this study lies in discussing effective communication within a marriage. The difference, however, is that this research takes the perspective of Muhammad Nuzul Dzikri.

Another study by M. Nur Kholis Al Amin, titled "Komunikasi Sebagai Upaya Untuk Membangun Ketahanan Keluarga dalam Kajian 'Teori Nilai Etik'" conducted in 2018, shows the importance of polite and empathetic Islamic communication in maintaining family resilience amidst social and technological changes, ensuring that family harmony and welfare are preserved. The similarity with this study is that it discusses communication as a means of building resilience and harmony in marriage. The difference is that this research focuses on the perspective of Muhammad Nuzul Dzikri.

Furthermore, a study conducted by Lisbon Pangaribuan titled "Kualitas Komunikasi Pasangan Suami Istri dalam Menjaga Keharmonisan Perkawinan" in 2016, showed that the quality of interpersonal communication between couples, including openness, empathy, and honesty, influences marital harmony, even in the presence of physical, psychological, and conflict-related obstacles. The similarity lies in discussing the quality of communication between husband and wife in maintaining marital harmony. The difference is that this research also takes the perspective of Muhammad Nuzul Dzikri.

B. RESEARCH METHOD

This study uses a qualitative approach with a literature review method to gather and analyze various sources regarding communication between husband and wife from the perspective of Islam, particularly the views of Muhammad Nuzul Dzikri. The data is obtained from the question-and-answer video sessions in Muhammad Nuzul Dzikri's studies, which are published on the YouTube platform. These videos cover discussions on tips for building good communication between husband and wife, with a focus on resolving marital communication issues based on Islamic teachings.⁷ The study also integrates previous research findings on Islamic family communication, with an emphasis on building marital harmony. This approach

⁷ Murajaah Channel, "Ini Sebab Betapa Pentingnya Membangun Komunikasi Dengan Suami/Istri – Ustadz Muhammad Nuzul Dzikri," YouTube, Diakses pada 9 Oktober 2024. <https://www.youtube.com/watch?v=tLIrjCgSJZY>

helps identify relevant steps for building effective communication in the family based on Islamic teachings.

C. RESULTS AND DISCUSSION

1. The Urgency of Husband and Wife Communication in Islam

Communication comes from the Latin word *communicatio*, which means 'notification' or 'exchange of thoughts'. In this process, there must be a shared understanding between the sender (communicator) and the receiver (communicatee) so that the exchange of ideas can take place. The purpose of communication is to achieve mutual understanding, with the sender conveying a message to the receiver.⁸ As social beings, humans are constantly communicating and cannot avoid it, because interaction with others is essential. Without communication, humans would struggle to navigate social life. This communication process can even transcend space and time, enabling interaction between the sender and receiver despite being separated by different locations or times.⁹

In Islam, the Qur'an and Hadith are the main guides for communication. Therefore, proper communication should serve as a means of drawing closer to Allah ﷻ. Communication should be carried out in a proper manner and language, as mentioned in the Qur'an using the term *qoulan ma'rufan* (good words). The Qur'an uses several terms to describe good communication, three of which are *qoulan ma'rufan* (QS. Al-Baqarah/2: 263), *qoulan syadida* (QS. Al-Ahzab/33: 70), and *qaulan layyina* (QS. Thoha/20: 44).¹⁰

Allah ﷻ commands that every word spoken must be good, without using harsh or dirty language that could hurt others.

﴿قَوْلٌ مَّعْرُوفٌ وَمَغْفِرَةٌ خَيْرٌ مِّنْ صَدَقَةٍ يَتَّبِعُهَا أَذَىٰ ۗ وَاللَّهُ غَنِيٌّ حَلِيمٌ ۚ﴾^{٢٦٣}

*"Kind speech and forgiveness are better than charity followed by injury. And Allah is Free of need and Forbearing."*¹¹

Allah also says,

⁸ Tommy Suprpto, *Pengantar Teori dan Manajemen Komunikasi* (Jakarta: MedPress, 2009), hal.5.

⁹ Teddy Dyatmika, *Ilmu Komunikasi* (Yogyakarta: Zahid Publishing, 2021), hal.1.

¹⁰ Subhan Afifi dan Irwan Nuryama Kurniawan, "Ragam Komunikasi Verbal dalam Al-Qur'an," *Jurnal Komunikasi* 15, No. 2, (2021), hal. 159.

¹¹ QS. Al-Baqarah/2: 263.

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ وَقُولُوا قَوْلًا سَدِيدًا ۝٧٠

“O you who have believed, fear Allah and speak words of appropriate justice.”¹² From this verse, Allah ﷻ commands that we always speak honestly and guard our words from undesirable traits such as lying, fabricating, or exaggerating things that are not true.¹³

Allah also commands that we speak with *qaulan layyina*, which means soft, persuasive, and understanding words. Gentle communication reflects the ability to control emotions and remain calm, allowing one to encourage, set an example, and convince listeners through polite and wise words. As Allah ﷻ says,

فَقُولَا لَهُ قَوْلًا لَّيِّنًا لَّعَلَّهُ يَتَذَكَّرُ أَوْ يَخْشَى ۝٤٤

“And speak to him with gentle speech that perhaps he may be reminded or fear [Allah].”¹⁴

Communication in marriage is not just a tool for exchanging information, but also for building a strong relationship between husband and wife. More than just talking, communication is a process of mutual understanding, support, and expressing feelings positively. In Islam, good communication is the main foundation for maintaining marital harmony, where the husband and wife respect, accept, appreciate, trust, and love each other. With this, couples can carry out their roles with maturity and inner satisfaction.¹⁵

Family harmony is greatly influenced by the ability of the husband and wife to communicate effectively. According to Article 1 of Law No. 1 of 1974, the goal of marriage is to form a happy and lasting family based on the Almighty God. Research shows that good communication between partners results in happiness, love, and satisfaction.¹⁶ Strong communication allows couples to understand and support each other, thus creating a harmonious household. Without effective communication, maintaining marital harmony

¹² QS. Al-Ahzab/33: 70.

¹³ Heni Halimatussyadiah dkk., “Harmoni Keluarga: Integrasi Kasih Sayang, Komunikasi Efektif, dan Keseimbangan Hidup dalam Perspektif Islam dan Psikologi Keluarga,” *Familia: Jurnal Hukum Keluarga* 5, No. 1 (2024).

¹⁴ QS. Thoha/20: 44.

¹⁵ Nyoman Riana Dewi dan Hilda Sudhana, “Hubungan Antara Komunikasi Interpersonal Pasutri dengan Keharmonisan dalam Pernikahan,” *Jurnal Psikologi Udayana* 1, No. 1, (2013), hal. 24.

¹⁶ Siti Nur Azizah, *Upaya Masyarakat Sekitar Lokalisasi dalam Mempertahankan Keharmonisan Rumah Tangga: Study di Desa Kaliwungu Kecamatan Ngunut Kabupaten Tulungagung*. Tesis. (Malang: UIN Maulana Malik Ibrahim, 2005).

becomes more difficult, as communication is the core in building and sustaining a husband and wife relationship.¹⁷

Islam teaches its followers to be progressive in all aspects of life, as Islamic teachings encompass a complete and perfect system of life, including spiritual, moral, political, economic, and social systems. Specifically, in the moral and social systems, there is a close connection seen in communication among family members. Islam provides guidance on the etiquette of communication that can help sustain and maintain marital harmony.

The communication etiquette between husband and wife, as explored in the research of Kathleen Liwidjaja, Kuntara, M.D., and Jonathan Kuntaraf, combined with Islamic values, is known as *adab* in communication.¹⁸ Some important points for couples to consider are:

a. Avoid correcting your spouse in public

Correcting your spouse in public should be avoided, as this action is considered unethical or impolite, especially if done to one's own spouse. It is better to address any issues or shortcomings of the spouse privately first. In Islamic marriage law, this is more commonly known as the principle of *mushawarah* (consultation) as a way to solve family problems.

b. **Avoid using words that cause misunderstandings**

Each partner may come from different cultural backgrounds, so there may be differences in culture and language. Therefore, it is important for couples to anticipate and respond to these differences wisely, especially in communication in accordance with the etiquette prescribed in marriage law. For instance, partners should explain things in a language understood by each other. This is a manifestation of the husband-wife relationship as a partnership, where both complement, understand, and support each other.

c. Evaluation

Recognizing that every couple has different characters, sometimes the husband speaks in a softer tone than the wife, or vice versa. There may also be times when the wife talks more, while the husband tends to be quiet. Therefore, it is important for each

¹⁷ Lisbon Pangaribuan, "Kualitas Komunikasi Pasangan Suami Istri dalam Menjaga Keharmonisan Perkawinan," *JURNAL SIMBOLIKA: Research and Learning in Communication Study* 2, No. 1 (2016).

¹⁸ Kathleen Liwidjaja, dkk., *Komunikasi Keluarga: Kunci Kebahagiaan Anda*, (Bandung: Indonesia Publishing House, 2003).

partner to ask for the other's opinion as a form of self-evaluation. This approach is one of the ethical ways to create a harmonious relationship in marriage.

d. Be careful in interrupting a conversation

In communication, both in formal and informal settings, there may be unwanted occurrences such as interrupting or dominating the conversation. This behavior should be avoided by husband and wife when having a serious conversation, as interrupting is considered impolite in communication ethics, both in Islamic teachings and in the ethics of civilized society.

e. Respect the arrival time

In this case, focus on couples in long-distance relationships, where when one partner comes to meet, the moment becomes very special. Therefore, the couple should respect the arrival. Not only for long-distance couples, but also in short-distance relationships, when one partner returns from work, the other should greet them well. This action is part of the etiquette of courtesy in Islamic marriage between husband and wife.

f. Pay attention to the tone of voice

Speaking loudly will not improve communication; it may actually damage it. Islam teaches to use a soft tone of voice, as Allah ﷻ says,

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تَرْفَعُوا أَصْوَاتَكُمْ فَوْقَ صَوْتِ النَّبِيِّ وَلَا تَجْهَرُوا لَهُ بِالْقَوْلِ كَجَهْرِ بَعْضِكُمْ لِبَعْضٍ أَنْ تَحْبَطَ أَعْمَالُكُمْ وَأَنْتُمْ لَا تَشْعُرُونَ ٢

“O you who have believed, do not raise your voices above the voice of the Prophet or be loud to him in speech like the loudness of some of you to others, lest your deeds become worthless while you perceive not.”¹⁹

g. Avoid hurtful jokes

Excessive joking that can hurt the partner should be avoided, as it can cause disharmony in the husband-wife relationship. For example, repeatedly mocking the partner's physical shortcomings, even if initially meant as a joke, can make the partner feel insecure or hurt. Another example is making jokes about sensitive issues, such as a partner's inability to manage household matters, which can lead to tension and conflict.

¹⁹ QS. Al-Hujurat/49: 2

Therefore, it is important to always consider the partner's feelings before joking, so the relationship remains healthy and full of respect.

2. The Perspective of Muhammad Nuzul Dzikri on Tips for Building Good Husband and Wife Communication

In a reposted video from the YouTube channel Murajaah Channel, which features a Q&A session in Muhammad Nuzul Dzikri's lecture, a wife shared her problem regarding poor communication with her husband. Her husband, busy with his work, often does not listen when she expresses her feelings. She then sought advice from Muhammad Nuzul Dzikri on how to improve communication in her household. He shared the view that good communication is one of the key factors in maintaining family harmony, and this must be maintained with honesty and mutual understanding between husband and wife. After emphasizing the importance of communication in marriage, Muhammad Nuzul Dzikri provided several tips that could help establish good communication between spouses.²⁰

1. Prioritizing Allah in Every Communication

As creatures of Allah, humans are obligated to obey His commands. The trials that Allah gives remind us that we are always dependent on Him, and that prayer and reliance on Allah play important roles in life, both in times of hardship and happiness. When someone prioritizes Allah ﷻ in everything, their heart becomes more peaceful, as if Allah is showing them a way or solution through others. This tranquility helps a person recover more quickly when their emotions are in turmoil, allowing them to think more clearly when making decisions.²¹

According to Muhammad Nuzul Dzikri, the importance of prioritizing communication with Allah before speaking to a partner is a fundamental principle. When a wife feels the need to express her feelings or problems, the first step should be to draw closer to Allah

²⁰ Murajaah Channel, "Ini Sebab Betapa Pentingnya Membangun Komunikasi Dengan Suami/Istri – Ustadz Muhammad Nuzul Dzikri," YouTube, Diakses pada 16 Oktober 2024, Menit 2.22. <https://www.youtube.com/watch?v=tLlrjCgSJZY>

²¹ Mulki B. Azkiani dan Asep Ahmad Siddiq, "Peran Dakwah Kelas a Letter to Allah (ALETTA) dalam Pengamalan Agama Melalui Doa," *Jurnal Riset Komunikasi Penyiaran Islam* 2, No. 2 (2022), hal. 122.

through prayer, supplication, and reading the Qur'an. This is rooted in the story of Prophet Ya'qub mentioned in Surah Yusuf, verse 86:

قَالَ إِنَّمَا أَشْكُوا بَيْنِي وَحُزْنِي إِلَى اللَّهِ وَأَعْلَمُ مِنَ اللَّهِ مَا لَا تَعْلَمُونَ ٨٦

“He said, “I only complain of my suffering and my grief to Allah, and I know from Allah that which you do not know.”²²

Thus, the wife should first pray and seek guidance from Allah ﷻ before sending a message or speaking to her busy husband. Muhammad Nuzul Dzikri stresses that when a Muslim has a problem or wants to express feelings, the first step is to turn to Allah. This is done through performing two units of prayer (rakaat), making du'a (supplication), and reading the Qur'an before expressing feelings to the spouse. In doing so, the heart becomes more peaceful, and communication can take place more clearly and purposefully. Communication with a spouse should not be the first outlet when facing problems but rather a subsequent step after prayer and seeking guidance from Allah. This helps maintain emotional and spiritual balance in the household..²³

2. Respecting Husband's Time and Busyness

One common problem in husband-wife communication arises when one partner, especially the husband, is busy with work or other obligations. In such situations, it is important for the wife to understand her husband's circumstances and respect his time. The wife should acknowledge the husband's busyness, offer support, and understand the responsibilities he carries. In this way, both can share their life problems, be open about issues, and resolve them together in a positive manner.²⁴

Muhammad Nuzul Dzikri offers a practical solution by advising that the wife ask her husband first before sharing her feelings. This can be done by asking, "Are you busy? Is it okay if I share something with you?" By asking for permission first, the wife not only respects her husband's busyness but also shows care for his condition. The husband will feel more valued and not burdened to respond immediately if he is in a less-than-ideal

²² QS. Yusuf/12: 86.

²³ Murajaah Channel, "Ini Sebab Betapa Pentingnya Membangun Komunikasi Dengan Suami/Istri – Ustadz Muhammad Nuzul Dzikri," YouTube, Diakses pada 16 Oktober 2024, Menit 2.30. <https://www.youtube.com/watch?v=tLlrjCgSJZY>

²⁴ Kholifatun Ni'mah, "Membangun Keluarga Sakinah Bagi Pasangan Long Distance Marriage (Studi Kasus pada Pasangan Suami Istri yang Bekerja di Luar Kota)," *Jurnal Tana Mana* 5, No. 1 (2024), hal. 161.

situation. This also helps avoid the habit of impulsively sending messages or complaints at inappropriate times, which could disrupt the husband's concentration on his work. A clear agreement between husband and wife on the right time for communication will greatly assist in maintaining harmony.²⁵

3. Building Open Communication

The quality of communication is more important than its frequency. A good husband-wife relationship is characterized by the ability to interact effectively, maintain understanding, and influence each other's attitudes through communication. Studies show that the quality of communication is determined by cohesion and mutual agreement, which form the foundation of a strong and harmonious relationship.²⁶ However, in practice, finding time to speak deeply is often difficult, especially for couples with many responsibilities at home or at work. Muhammad Nuzul Dzikri emphasizes the importance of scheduling time to talk between partners, such as dedicating 10-15 minutes each day for both to listen to each other and share stories without work distractions.

After communicating with Allah, the next step is to build open communication with the husband. Before expressing complaints or feelings, it is important to first ask whether the husband is busy or if this is the right time to talk. Open communication can prevent misunderstandings and workplace interruptions. This also applies to making mutual agreements. For instance, the wife may ask for permission to send a message, giving the husband the freedom to read it when he has some free time. Such agreements lighten the wife's load and maintain healthy communication without overburdening either party, so the couple can remain harmonious even amidst daily busyness.²⁷

4. Using Communication as a Means of Education in the Household

²⁵ Murajaah Channel, "Ini Sebab Betapa Pentingnya Membangun Komunikasi Dengan Suami/Istri – Ustadz Muhammad Nuzul Dzikri," YouTube, Diakses pada 16 Oktober 2024, Menit 4.00. <https://www.youtube.com/watch?v=tLlJcGsjZY>

²⁶ Lisbon Pangaribuan, "Kualitas Komunikasi Pasangan Suami Istri dalam Menjaga Keharmonisan Perkawinan," *JURNAL SIMBOLIKA: Research and Learning in Communication Study 2*, No. 1 (2016).

²⁷ Murajaah Channel, "Ini Sebab Betapa Pentingnya Membangun Komunikasi Dengan Suami/Istri – Ustadz Muhammad Nuzul Dzikri," YouTube, Diakses pada 16 Oktober 2024, Menit 5.16 . <https://www.youtube.com/watch?v=tLlJcGsjZY>

Value education in the family occurs through communication between husband and wife with the children, which has an educational meaning and creates mutual understanding.²⁸ A wife's weaknesses in educating the children or serving the husband also reflect the lack of leadership from the husband in the family. The husband is not only tasked with providing for the family but also with educating and guiding them. Therefore, value education in the family is a shared responsibility between husband and wife.²⁹

According to Muhammad Nuzul Dzikri, communication between husband and wife is not just about listening to each other, but also about using the moment to educate and improve one another. Allah ﷻ says,

يَا أَيُّهَا الَّذِينَ آمَنُوا قُوا أَنْفُسَكُمْ وَأَهْلِيكُمْ نَارًا ... ٦

*“ O you who have believed, protect yourselves and your families from a Fire... ”*³⁰

This verse implies that the husband is responsible for educating and maintaining the faith of his wife and children. The husband's duty is to protect his family from the torment of the Hellfire. One way to do this is by listening to the wife's concerns as a means of observation and diagnosis to understand the extent of the wife's understanding of religion and faith.

By listening, the husband can gauge the wife's level of reliance on Allah ﷻ and can correct any misperceptions she might have. This also becomes an opportunity to educate the wife in better ways of thinking. For example, when the wife talks about daily problems or emotions, the husband can use this moment to offer advice, guidance, and help strengthen her faith.

Listening to the wife's concerns, according to Muhammad Nuzul Dzikri, is part of the husband's responsibility to understand his wife's thoughts and feelings. It's not just about hearing, but about understanding, analyzing, and helping the wife overcome problems in the right way. In this regard, the husband can provide guidance and advice in line with religious

²⁸ Siti Romlah, "Karakteristik Keluarga Sakinah dalam Perspektif Islam dan Pendidikan Umum," *Mimbar Pendidikan*, No. 1, hal 68.

²⁹ Sudarto Sudarto, Fatkhatur Muti, dan Samsudin Samsudin, "Peran Ayah dalam Mendidik Keluarga Perspektif Al-Qur'an Surat At-Tahrim Ayat: 6," *Al-Fikri: Jurnal Studi Dan Penelitian Pendidikan Islam* 6, No. 2 (2023), hal. 192.

³⁰ QS. At-Tahrim/66: 6.

teachings. Thus, communication becomes a means to strengthen religious values within the family.³¹

5. Building the Wife's Storytelling Skills within the Family

Three important communication techniques to build a loving family relationship are storytelling, listening, and empathizing.³² Of these three techniques, listening plays a very important role. Good interpersonal communication is not just about expressing ideas, desires, or feelings, but also about listening attentively. This listening skill is key to strengthening harmony in family relationships.³³

By listening carefully to the wife's stories, the husband can help her improve her storytelling and communication skills. Storytelling skills are one of the key aspects highlighted by Ustadz Nuzul Dzikri. When the wife shares her concerns with her husband, the way she conveys the story reflects her communication abilities in educating their children. If the wife can express her thoughts clearly, concisely, and structured, it will help the husband understand her feelings more easily. Additionally, good speaking skills will have a positive impact on the wife's ability to educate the children and convey religious values to them. With feedback from the husband on better storytelling techniques, the wife can be more effective in delivering messages when educating the children or offering advice.³⁴

D. CONCLUSION

Good communication is one of the main foundations for maintaining marital harmony. Islam teaches communication etiquette that can help preserve the continuity and harmony of

³¹ Murajaah Channel, "Ini Sebab Betapa Pentingnya Membangun Komunikasi Dengan Suami/Istri – Ustadz Muhammad Nuzul Dzikri," YouTube, Diakses pada 16 Oktober 2024, Menit 6.40. <https://www.youtube.com/watch?v=tLlRjCgSJZY>

³² Darosy Endah Hyoscyamina, "Peran Keluarga dalam Membangun Karakter Anak," *Jurnal Psikologi* 10, No. 2 (2011), hal. 150.

³³ Nur Istiqamah Desiana dkk., "Perilaku Komunikasi Pasangan Suami Istri Jarak Jauh dalam Mempertahankan Keharmonisan Rumah Tangga," *Jurnal Kolaboratif Sains* 7, No. 8 (2024), hal. 2848.

³⁴ Murajaah Channel, "Ini Sebab Betapa Pentingnya Membangun Komunikasi Dengan Suami/Istri – Ustadz Muhammad Nuzul Dzikri," YouTube, Diakses pada 16 Oktober 2024, Menit 9.00. <https://www.youtube.com/watch?v=tLlRjCgSJZY>

marriage, such as avoiding public corrections of a partner, avoiding words that may cause misunderstandings, respecting the partner's arrival time, and paying attention to tone of voice. Effective communication between husband and wife allows the couple to understand and support each other, thereby creating a harmonious household.

According to Muhammad Nuzul Dzikri's perspective, there are several tips for building good husband and wife communication. First, prioritize Allah ﷻ in every communication, through prayer and seeking guidance from Allah before expressing feelings to the partner. Second, respect the husband's time and busyness by asking for permission before sharing anything. Third, build open communication by agreeing on a time to talk deeply without work interruptions. Fourth, use communication as an educational tool in the household, where the husband can guide and provide advice in line with religious teachings. Fifth, help build the wife's storytelling skills, so she can communicate her feelings clearly and in a structured manner. Overall, the key emphasis in husband-wife communication is the importance of prioritizing Islamic values, respecting each other, fostering openness and mutual understanding, and using communication as a means to educate and strengthen faith within the family.

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