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Harmonious Households According to the Congregation of Masjid As-Salam Kotakan, Situbondo, East Java

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Abstrak

Keharmonisan rumah tangga merupakan aspek krusial dalam kehidupan bermasyarakat, memberikan dampak positif pada anggota keluarga dan komunitas di sekitarnya. Penelitian ini bertujuan mengkaji faktor-faktor yang berkontribusi terhadap keharmonisan rumah tangga menurut pandangan Jamaah Masjid As-Salam, Kotakan, Situbondo, Jawa Timur. Metode penelitian yang digunakan adalah pendekatan kualitatif dengan metode deskriptif, melibatkan 26 responden yang terdiri dari laki-laki dan perempuan dengan berbagai status pernikahan. Hasil penelitian menunjukkan bahwa ketaatan kepada Allah, ketenangan dan kedamaian, serta penerapan nilai dan prinsip agama merupakan faktor utama yang dianggap penting dalam menciptakan rumah tangga yang harmonis. Responden menekankan pentingnya ibadah, penerapan ajaran agama dalam kehidupan sehari-hari, serta orientasi pada tujuan akhirat. Selain itu, sikap saling memahami, komunikasi yang efektif, serta dukungan dan penerimaan terhadap kekurangan pasangan juga berperan signifikan dalam menjaga keharmonisan rumah tangga. Penelitian ini memberikan kontribusi pada pemahaman tentang dinamika keluarga dalam konteks sosial dan budaya di Indonesia, serta membuka peluang untuk penelitian lanjutan mengenai topik ini.

Kata kunci: Rumah tangga, keharmonisan, keluarga.

Abstract

Household harmony is a crucial aspect of community life, positively impacting family members and the surrounding community. This study aims to examine the factors contributing to household harmony from the perspective of the congregation of Masjid As-Salam, Kotakan, Situbondo, East Java. The research employs a qualitative approach with a descriptive method, involving 26 respondents of both genders with various marital statuses. The findings indicate that obedience to Allah, tranquility, and peace, as well as the application of religious values and principles, are considered key factors in creating a harmonious household. Respondents emphasize the importance of worship, the implementation of religious teachings in daily life, and orientation towards the afterlife. Additionally, mutual understanding, effective communication, and support and acceptance of each other's shortcomings play a significant role in maintaining household harmony. This study contributes to the understanding of family

dynamics within the social and cultural context of Indonesia and opens opportunities for further research on this topic.

Keywords: household, harmony, family.

A. INTRODUCTION

Household harmony is a crucial aspect of community life. A harmonious family not only positively impacts its members but also the surrounding community. Amid various challenges of modern life, such as economic pressures, social changes, and the dynamics of family relationships, maintaining household harmony becomes increasingly important and complex. The current socio-cultural changes are causing shifts in all aspects of societal life, including within families. The rapid changes driven by globalization, modernization, industrialization, scientific advancements, and information have led to shifts in social and cultural values within families.¹

The rising cases of divorce across various regions in Indonesia reflect the challenges many families face in maintaining harmonious relationships. In recent years, news about household conflicts has frequently appeared in the media, highlighting the vulnerability of the family institution to both external and internal pressures. This situation demands special attention from various parties to find solutions that can help families remain harmonious amid the storm of existing problems. Conflicts often lead to divorce, murder, or other forms of violence. For example, a tragic shooting in Bekasi on October 31, 2023, was motivated by family conflict.² There was also a case of a husband killing his wife in Pulogadung, East Jakarta, on June 30, 2024, reportedly due to family issues.³

This study aims to examine the factors contributing to household harmony from the perspective of the congregation of Masjid As-Salam, Kotakan, Situbondo, East Java. Using a qualitative approach with a descriptive method, this research seeks to reveal the views and experiences of the congregation in maintaining household harmony amid various challenges.

¹ Daniswara, R. A., & Faristiana, A. R. (2023). Tranformasi Peran Dan Dinamika Keluarga Di Era Digital Menjaga Keluarga Dalam Revolusi Industri 4.0 Tantangan Dalam Perubahan Sosial. *JISPENDIORA Jurnal Ilmu Sosial Pendidikan Dan Humaniora*, 2(2). <https://doi.org/10.56910/jispendiora.v2i2.637>

² Jati, R. P. (2023, November 1). Konflik Keluarga Jadi Motif Penembakan di Bekasi. *kompas.id*. <https://www.kompas.id/baca/metro/2023/11/01/konflik-keluarga-jadi-latarbelakang-penembakan-di-bekasi>

³ Jati, R. P. (2024, July 1). Suami Bunuh Istri di Pulogadung Diduga karena Masalah Rumah Tangga. *kompas.id*. <https://www.kompas.id/baca/metro/2024/07/01/suami-bunuh-istri-di-pulogadung-diduga-karena-masalah-rumah-tangga>

The study focuses on individuals who are married and actively involved in religious activities at the mosque.

The relevance of this research is high given the important role of the family in shaping a healthy and harmonious society. This study also fills a gap in the literature regarding the perspectives of religious communities on maintaining household harmony. Previous studies, such as those by Amatul (2021), have shown that religious values can play a significant role in maintaining household stability. According to this research, family resilience is divided into five aspects, one of which is religious resilience, where the family is the smallest community for implementing religious teachings and its descendants are expected to continue these teachings. Continuous learning to be grateful and close to God will enable the family to overcome issues.⁴ However, this study aims to expand understanding with a specific focus on the congregation of Masjid As-Salam.

By understanding the views of the congregation of Masjid As-Salam on household harmony, this research is expected to contribute to practical efforts to improve the quality of family life in this community and potentially other communities. It also opens opportunities for further in-depth research on family dynamics in various social and cultural contexts in Indonesia.

The research questions addressed in this study are: What are the main factors that, according to the congregation of Masjid As-Salam, contribute to household harmony? How do members of Masjid As-Salam handle household conflicts they face? What is the role of religious values in maintaining household harmony, according to the congregation of Masjid As-Salam?

This research is expected to provide new insights into managing household conflicts and applying moral values in daily life, as well as assist in formulating policies that support family harmony at the local and national levels.

B. METHOD

This study employs a descriptive quantitative approach using a survey method through a questionnaire. The research sample consists of 26 members of Masjid As-Salam Kotakan,

⁴ Amatul, A. J. (2021). KONSEP KETAHANAN KELUARGA DALAM ISLAM. MAQASHID, 4(2), 65–77. <https://doi.org/10.35897/maqashid.v4i2.723>

Situbondo, selected randomly, including 20 men and 6 women aged 18-60 years. Respondents represent various marital statuses, including married, widowed, and single. The primary instrument for this research is a questionnaire designed to gather data on respondents' perceptions and experiences related to factors contributing to household harmony. The collected data are analyzed descriptively to identify patterns and trends emerging from the respondents' responses.

C. HASIL DAN PEMBAHASAN

In family life, harmony often serves as a key indicator of happiness and family well-being. Happiness within a household is fundamental to experiencing and enjoying general happiness.⁵ Perspectives on what creates a happy and harmonious family can vary widely. This study examines various views on the characteristics of a harmonious household according to respondents from Masjid As-Salam Kotakan, Situbondo, East Java. The following discussion outlines the results of the analysis regarding factors deemed important in creating a harmonious household:

1. Obedience to Allah

Obedience to Allah is considered a fundamental aspect of creating a happy and harmonious household. Most respondents emphasized that adherence to Allah's commands plays a crucial role in maintaining family harmony. As one respondent stated, "When family members are in obedience to Allah Ta'ala, this obedience is seen as the key to creating a stable and blessed atmosphere within the household."

This emphasis on obedience encompasses not only individual worship but also the application of religious teachings in daily interactions. This can be seen in the efforts of husbands and wives to understand and practice Islamic teachings in their daily lives, such as creating a religious atmosphere at home, reading the Qur'an, celebrating Islamic holidays, performing congregational prayers, being charitable, studying religion, and engaging in other virtuous deeds. Following Islamic teachings, such as practicing good morals within the family

⁵ Hidayah, R. (2008). Korelasi antara keharmonisan keluarga dengan kesehatan mental : Analisis pada keluarga tingkat ekonomi lemah di Kecamatan Semarang Barat. [IAIN Walisongo]. <https://eprints.walisongo.ac.id/id/eprint/11289/>

environment, is also emphasized.⁶ Some respondents highlighted that following the Qur'an and Hadith according to the understanding of the companions is essential for maintaining harmony in the household. This view indicates that a deep and consistent understanding of religion is the foundation for a harmonious family relationship.

Furthermore, obedience to Allah is integrated with the goal of the afterlife. A harmonious family is seen as an ideal condition based on the Qur'an and Sunnah to achieve happiness in both this world and the hereafter.⁷ Respondents stated that a happy household is one based on faith and piety and built on a foundation with the goal of drawing closer to Allah. This indicates that seeking Allah's pleasure and the goal of the afterlife are central aspects of a harmonious family relationship.

Additionally, applying the Sunnah of Prophet Muhammad is considered essential. As mentioned, marrying according to the Sunnah of the Prophet, being honest, and trusting each other suggests that following the Prophet's example in daily life is key to creating an ideal household in accordance with Islamic teachings.

2. Calmness and Peace

Calmness and peace are crucial aspects of the respondents' views of a happy and harmonious household. Many respondents believe that the home environment should be a place where calmness and tranquility become everyday realities. This calmness is often associated with a peaceful and stable atmosphere, which is necessary for the well-being of all family members.

Respondents also emphasized that a household characterized by *sakinah*, *mawaddah*, *wa rahmah* is an essential feature of harmony. *Sakinah*, *mawaddah*, and *rahmah* refer to tranquility, love, and deep affection, which are considered key elements for achieving harmony in family relationships. A family embodying these qualities is one that not only

⁶ Sastriani, A. (2018). *Keharmonisan Keluarga dan Pengaruhnya terhadap Pengamalan Agama Anak di Gampong Beurawe Banda Aceh* [UIN Ar-Raniry Banda Aceh]. <https://repository.ar-raniry.ac.id/id/eprint/4372/>

⁷ Basir, S. (2020). MEMBANGUN KELUARGA SAKINAH. *AL-IRSYAD AL-NAFS: JURNAL BIMBINGAN DAN PENYULUHAN ISLAM*, 6(2). <https://doi.org/10.24252/al-irsyadal-nafs.v6i2.14544>

experiences inner and outer peace, happiness, and well-being but is also grounded in love and affection.⁸

There was also an emphasis on the sustainability of peace over the long term. Some respondents noted that a family that consistently seeks *sakinah*, *mawaddah*, and *rahmah* and always strives together for Allah's pleasure indicates that harmony is not just about momentary experiences but also about a continuous commitment to supporting each other and maintaining peace within the family. To live a happy and prosperous life, people need a heart that is secure and peaceful; without it, many problems may arise that cannot be resolved calmly, potentially leading to separation.⁹

Acceptance of the current situation is also considered important for creating tranquility within the household. As expressed, "Always be grateful regardless of the circumstances." This suggests that gratitude and acceptance of one's circumstances are integral to creating a peaceful and harmonious home environment.

3. Religious Values and Principles

Religious values and principles play a central role in respondents' views of a happy household. Respondents emphasized that a family based on the teachings of the Qur'an and Hadith as understood by the Prophet's companions is the main principle in building a harmonious family relationship. This indicates that adhering authentically to religious teachings is key to achieving harmony.

Additionally, there is an emphasis on understanding the ultimate spiritual goals. Some respondents added that a household aiming for Allah's paradise and orientation towards the hereafter are important principles. This shows that spiritual goals and achieving Allah's pleasure are considered essential aspects of a happy family relationship.

⁸ Rahmadani, G., Arfa, F. A., & Nasution, M. S. A. (2024). KONSEP PERNIKAHAN SAKINAH MAWADDAH DAN WARAHMAH MENURUT ULAMA TAFSIR. *Jurnal Darma Agung*. <https://doi.org/10.46930/ojsuda.v32i1.4171>

⁹ Fadillah, E. S. (2024). KONSEP SAKINAH MAWADDAH WARAHMAH DAN IMPLEMENTASINYA DALAM KELUARGA KARIR PERSPEKTIF HUKUM ISLAM (Studi kasus di Desa Purwoharjo Kecamatan Purwoharjo Kabupaten Banyuwangi) [Undergraduate thesis, Uin Khas Jember]. <http://digilib.uinkhas.ac.id/17851/>

Another consideration for forming a harmonious family is the issue of equality (*kafa'ah*). Linguistically, *kafa'ah* means equivalence. However, in this context, it refers to the condition where the husband is equal to the wife in social status, religion, moral character (*akhlak*), and economic standing.¹⁰ The principle of religion also relates to following the Sunnah of Prophet Muhammad, as mentioned by one respondent: "Following the path of the Salaf, in accordance with the guidance of Prophet Muhammad." This indicates that the concept of *kafa'ah* is relevant here, where both husband and wife share common ground in religion, and adhering to the Prophet's example in daily life is seen as a key to establishing a household aligned with Islamic teachings.

Furthermore, there is an emphasis on applying religious teachings in daily practices, such as in a household where partners mutually support and complement each other's shortcomings. This illustrates that religious values are practiced in daily interactions to achieve harmony.

4. Family Relationships and Interactions

Family relationships and interactions are crucial aspects of respondents' views on a harmonious household. Many respondents believe that mutual understanding, compromise, and patience in dealing with household challenges are key to creating a harmonious relationship. Efforts to maintain the unity of the household must include a partnership between husband and wife with mutual support and understanding.¹¹ This suggests that a mutual understanding is essential for preserving family harmony.

Acceptance of a partner's shortcomings is also considered important, as stated in "Being able to accept a partner's shortcomings." This indicates that the ability to understand and accept each other's weaknesses is an integral part of a harmonious relationship.

Communication and mutual support within the family are also emphasized. Some respondents noted that "advising each other to be pious, understanding each other's strengths and weaknesses, and easily forgiving mistakes among family members" are important. This

¹⁰ Purba, H. (2018). Membangun Keluarga Islami: Tinjauan Terhadap Ayat-Ayat Alquran dan Hadis Rasul saw. Purba | *Almufida: Jurnal Ilmu-Ilmu Keislaman*. <https://doi.org/10.46576/almufida.v3i1.91>

¹¹ Andri, H., & Iswiyanto, H. A. (2022). Keutuhan Pasutri yang Salah Satunya Tunanetra. *Ulumul Syar I Jurnal Ilmu-Ilmu Hukum Dan Syariah*, 10(2), 44–62. <https://doi.org/10.52051/ulumulsyari.v10i2.142>

highlights the fact the fact that positive interactions and mutual support are vital for creating a harmonious household.

Another aspect considered is the importance of fulfilling duties according to Islamic teachings. As mentioned, fulfilling each other's duties according to Islamic teachings.é Both husband and wife must cooperate effectively and consistently, understanding each other and maintaining a balance between rights and obligations, which contributes to a safe, peaceful, and prosperous household. When these aspects are maintained and preserved, family life becomes harmonious, and family happiness is achievable.¹²

5. Gratitude and Acceptance

Gratitude and acceptance are also valued aspects of respondents' views of a happy household. One respondent stated, çAlways be grateful regardless of the situation,é indicating that gratitude is an essential element in achieving household harmony.

Acceptance of a partner's conditions and shortcomings is also deemed important, as expressed by one respondent: çBeing able to accept a partner's shortcomings.é Learning to love means learning to accept each other as they are, rather than expecting perfection. Accepting flaws and appreciating strengths are crucial for creating a harmonious relationship.¹³ This indicates that the ability to accept imperfections and be grateful for what one has is key to fostering a harmonious relationship.

This view aligns with the principle that household harmony is built on the foundation of deep acceptance and gratitude for the current circumstances. Respondents believe that ça happy household is one that is based on faith and pietyé and çbuilt on the foundation and purpose of drawing closer to Allahé are principles that support harmony.

Overall, respondents' views suggest that gratitude, acceptance, and commitment to religious principles are key aspects of creating a happy and harmonious household.

¹² Nurani, S. M. (2021). Relasi hak dan kewajiban suami istri dalam perspektif hukum Islam (Studi Analitis Relevansi hak dan Kewajiban suami istri berdasarkan Tafsir Ahkam dan Hadits Ahkam). *Al-Syakhsyiyah Journal of Law & Family Studies*, 3(1), 98–116. <https://doi.org/10.21154/syakhsyiyah.v3i1.2719>

¹³ Rochman, K. L. (2013). MENGEMAS KEBOSANAN DALAM RUMAH TANGGA. *KOMUNIKA. KOMUNIKA Jurnal Dakwah Dan Komunikasi*, 6(1). <https://doi.org/10.24090/komunika.v6i1.339>

Following the identification of characteristics of a harmonious household according to respondents' perspectives, this study further explores concrete methods considered effective in achieving harmony in household life. Based on the data obtained, several key methods were identified, including:

1. Understanding of Islamic Teachings

Many respondents emphasized the importance of a deep understanding of Islamic teachings as a fundamental basis for achieving harmony in the household. This includes understanding core religious principles and applying religious values in daily interactions. The better the family harmony, the more effectively religious teachings are practiced. In the family context, particularly, parents always provide attention and affection towards other family members, fostering peace and positive states that can influence moral character.¹⁴ Respondents indicated that a profound knowledge of Islam facilitates better understanding between spouses and encourages forgiveness and patience.

2. Religious Education and Moral Development

Most respondents highlighted the crucial role of religious education and moral development in creating a harmonious household. The family is considered the primary and most important place for fostering good character (*akhlakul karimah*). Therefore, Islamic education is essential for achieving this goal.¹⁵ Participation in religious studies, practicing good morals, and routine communication about religious teachings are seen as essential steps in strengthening family relationships.

3. Implementation of Religious Principles in Daily Life

According to the collected data, consistent implementation of religious principles is crucial for maintaining household harmony. This includes following Allah's commands, avoiding prohibited actions, and guiding the family in economic and spiritual aspects. Applying religious teachings in daily practice is considered crucial for building and

¹⁴ Aqsho, M. (2017). Keharmonisan dalam keluarga dan pengaruhnya terhadap pengamalan agama. *Aqsho | Almufida: Jurnal Ilmu-Ilmu Keislaman*. <https://doi.org/10.46576/almufida.v2i1.83>

¹⁵ Tarmujianto, T. (2020). Peranan pendidikan akhlak dalam menciptakan keluarga bahagia. *Jurnal Pendidikan Luar Sekolah*, 14(2), 55. <https://doi.org/10.32832/jpls.v14i2.3435>

maintaining harmonious family relationships. Religion plays a significant role in maintaining a peaceful family. It should not merely be preached but should be internalized and implemented in daily behavior.¹⁶

4. **Keluarga Obedience and Reminders within the Family Context**

Respondents emphasized the importance of obedience to Allah and mutual reminders when one errs as methods to create harmony in the household. It is commendable to have a family that advises each other towards goodness and reminds each other of truth and wrongdoings. Families should understand each other's roles and perspectives.¹⁷ This principle shows that religious obedience and moral oversight within the family are significant for maintaining balance and stability in relationships.

5. **Acceptance, Communication, and Appreciation**

The ability to accept a partner's shortcomings, maintain wise communication, and show appreciation are seen as effective methods for creating harmony. A harmonious or happy family is one where both partners respect, accept, appreciate, trust, and love each other.¹⁸ Respondents indicated that accepting a partner's flaws, along with open and appreciative communication, can strengthen family relationships and prevent conflicts.

6. **Affection and Gratitude**

Affection, gratitude, and efforts to achieve a family that is peaceful, loving, and compassionate are considered important by respondents. A harmonious family is characterized by tranquility, contentment, and affection.¹⁹ Acceptance of current conditions and mutual appreciation are viewed as integral parts of achieving household harmony.

¹⁶ Asmaya, E. (1970). Implementasi Agama Dalam Mewujudkan Keluarga Sakinah. *Komunika Jurnal Dakwah Dan Komunikasi*, 6(1). <https://doi.org/10.24090/komunika.v6i1.341>

¹⁷ Nasir, M., Erlinawati, E., & Muslimah, M. (2023). Membangun Kebersamaan Pendidikan Islam dalam Keluarga di Masa Pandemi Covid 19. *At Turots Jurnal Pendidikan Islam*, 122–134. <https://doi.org/10.51468/jpi.v4i1.147>

¹⁸ Harahap, N. A., Adenan, A., & Siregar, H. S. (2023). Kecerdasan Intelektual Terhadap Keharmonisan Rumah Tangga di Kelurahan Tegal Sari III Kecamatan Medan Area. *Islam & Contemporary Issues*, 3(1), 9–16. <https://doi.org/10.57251/ici.v3i1.918>

¹⁹ Siahaan, R. F. (2016). Membangun Keluarga Yang Sukses Dan Harmonis. *Jurnal Keluarga Sehat Sejahtera*, 14(28). <https://doi.org/10.24114/jkss.v14i28.4697>

7. Following the Sunnah and Maintaining Tawhid

Following the Sunnah of Prophet Muhammad and making religion the foundation of family life are crucial methods highlighted by respondents. The Prophet is seen as the ideal example in family life, and his success as a family leader sets a model for how to build a peaceful family both internally and externally. By emulating and understanding the Prophet's motivations in family life, marriages aligned with the Sunnah can lead to an ideal household.²⁰ This reflects the importance of aligning family life with religious teachings and the Prophet's example in daily practice.

8. Commitment and Cooperation

Commitment to working together and maintaining shared commitments within the family are identified as keys to achieving harmony. A harmonious family has a commitment to maintaining and spending time together for the well-being and happiness of the family.²¹ Respondents indicated that ongoing cooperation and joint efforts to achieve family goals are crucial factors in creating a harmonious household.

Overall, the research data show that a combination of religious understanding, application of religious values in daily life, effective communication, and mutual acceptance and appreciation are the main methods for creating a happy and harmonious family. This approach reflects the importance of integrating religious principles with everyday practices to achieve ideal family relationships.

D. CONCLUSION

This study indicates that household harmony, according to the Jamaah Masjid As-Salam Kotakan, Situbondo, East Java, heavily relies on obedience to Allah, tranquility, and peace, as well as the application of religious values and principles. Respondents emphasized the importance of worship, the implementation of religious teachings in daily life, and orientation

²⁰ Nurmayati, M. (2020). *Keluarga harmonis dalam perspektif tafsir Al-Azhar* [Thesis, Institut PTIQ Jakarta]. <https://repository.ptiq.ac.id/id/eprint/689/>

²¹ Latifah, Z. (2019). *Hubungan Komitmen Perkawinan Dengan Keharmonisan Keluarga Pada Pasangan Calon Tki Di Kabupaten Cilacap* [Under Graduates Thesis, Universitas Negeri Semarang]. <https://lib.unnes.ac.id/35035/>

towards the afterlife as the primary foundations for achieving family harmony. Additionally, tranquility, gratitude, and acceptance of current conditions are also considered essential for creating a peaceful and harmonious household environment.

Mutual understanding, effective communication, and support and acceptance of a partner's shortcomings are key factors in maintaining harmonious relationships. A deep understanding of religious teachings, participation in religious activities, and the application of good morals in daily interactions are deemed essential by respondents. Overall, a combination of religious principles, consistent daily practices, and mutual respect and commitment to shared goals are the main methods for creating a happy and harmonious family.

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