



## HARMONIOUS HOUSEHOLDS ACCORDING TO THE CONGREGATION OF AL-MURSYID MOSQUE, JEMBER, EAST JAVA

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### Abstrak

Penelitian ini bertujuan untuk memahami bagaimana keharmonisan rumah tangga dapat diwujudkan dan dipertahankan dari perspektif jamaah Masjid Al-Mursyid di Jember, Jawa Timur. Data dikumpulkan melalui kuesioner yang disebarluaskan kepada jamaah Masjid Al-Mursyid. Hasil penelitian mengidentifikasi lima aspek utama yang dianggap penting dalam menciptakan keharmonisan rumah tangga: kepercayaan dan kesamaan iman, saling memenuhi kebutuhan, pendidikan dan sikap positif, sikap toleransi dan penerimaan, serta keseimbangan hak dan kewajiban. Kepercayaan dan kesamaan iman ditemukan sebagai fondasi utama, sementara pendidikan agama yang baik, sikap bersyukur, dan toleransi juga memainkan peran penting. Penelitian ini memberikan kontribusi signifikan dalam memahami dinamika keharmonisan rumah tangga dari perspektif agama dan budaya lokal, serta menyediakan panduan praktis bagi pasangan suami istri. Temuan ini diharapkan dapat membantu pasangan dalam menciptakan dan mempertahankan rumah tangga yang harmonis di tengah masyarakat modern yang penuh tantangan.

**Kata kunci:** Rumah Tangga, Harmonis, Keluarga Muslim, Aspek.

### Abstract

This study aims to understand how household harmony can be realized and maintained from the perspective of the congregation of Al-Mursyid Mosque in Jember, East Java. Data were collected through a questionnaire distributed to the congregation of Al-Mursyid Mosque. The results identified five main aspects that are considered important in creating household harmony: trust and common faith, meeting each other's needs, education and a positive attitude, tolerance and acceptance, and a balance of rights and obligations. Trust and common faith were found to be the main foundations, while good religious education, an attitude of gratitude, and tolerance also played an important role. This research makes a significant contribution to understanding the dynamics of household harmony from the perspective of religion and local culture and provides practical guidance for married couples. The findings are expected to assist couples in creating and maintaining a harmonious household in the midst of a challenging modern society.

**Keywords:** Household, Harmony, Muslim Family, Aspects.

## A. INTRODUCTION

This research was conducted with a background of wanting to understand more deeply how household harmony can be realized and maintained, especially from the perspective of the congregation of Al-Mursyid Mosque in Jember, East Java. The Industrial Revolution 4.0 has significantly changed the way people live and work. The socio-cultural changes that occur today cause changes in all areas of community life, including the family.<sup>55</sup> Household harmony is often a challenge, especially in this modern era where social and economic pressures are increasingly complex.

Another background of this research is the increasing cases of divorce and household conflicts that are often caused by a lack of understanding and application of religious values in married life. Based on the Indonesian Statistics 2023 report, divorce cases in Indonesia reached 516,334 cases in 2022. The main causative factor of divorce that occurred in 2022 was disputes and quarrels. The number was 284,169 cases, or equivalent to 63.41% of the total factors causing higher divorce cases in Indonesia. Other divorce cases are motivated by economic problems, one-party leaving, polygamy, and domestic violence.<sup>56</sup>

According to data from the Director General of Religious Courts of the Supreme Court compiled by the Central Statistics Agency (BPS), there were 408,347 divorces that occurred throughout 2023. By region, the most divorces in 2023 were in West Java (48,812 cases), Central Java (36,618 cases), and East Java (35,940 cases).<sup>57</sup> In the previous year, by province, the highest divorce cases in 2022 were in West Java, with 113,643 cases. Followed by East Java and Central Java, with 102,065 cases and 85,412 cases, respectively.<sup>58</sup> Therefore, Jember, which is part of East Java, is interesting to study.

Although the number of divorces in 2023 decreased by 10.20% compared to 2022, divorce remains a major problem. In modern society, many couples face pressures and challenges stemming

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<sup>55</sup> Daniswara, R. A., & Faristiana, A. R. (2023). *Tranformasi Peran Dan Dinamika Keluarga Di Era Digital Menjaga Keluarga Dalam Revolusi Industri 4.0 Tantangan Dalam Perubahan Sosial*. Jurnal Ilmu Sosial, Pendidikan Dan Humaniora. <https://doi.org/10.56910/jispendiora.v2i2.637>

<sup>56</sup> Annur, C. M. (2023, January 3). *Kasus Perceraian di Indonesia Melonjak Lagi pada 2022, Tertinggi dalam Enam Tahun Terakhir*. Katadata. <https://databoks.katadata.co.id/datapublish/2023/03/01/kasus-perceraian-di-indonesia-melonjak-lagi-pada-2022-tertinggi-dalam-enam-tahun-terakhir>

<sup>57</sup> Muhamad, N. (2024, February 28). *Perselisihan hingga Kawin Paksa, Ini Alasan Perceraian di Indonesia pada 2023*. Katadata. <https://databoks.katadata.co.id/datapublish/2024/02/28/perselisihan-hingga-kawin-paksa-ini-alasan-perceraian-di-indonesia-pada-2023#:~:text=Pada%202023%2C%20perselisihan%20dan%20pertengkaran,total%20kasus%20perceraian%20dalam%20negeri>

<sup>58</sup> Annur, C. M. (2023, January 3). *Kasus Perceraian di Indonesia Melonjak Lagi pada 2022, Tertinggi dalam Enam Tahun Terakhir*. Katadata. <https://databoks.katadata.co.id/datapublish/2023/03/01/kasus-perceraian-di-indonesia-melonjak-lagi-pada-2022-tertinggi-dalam-enam-tahun-terakhir>

from social, economic, and cultural changes. Increasing life pressures, accompanied by a shift in traditional values, often result in domestic disharmony. This creates unrest in society, where the stability and integrity of the family are increasingly threatened. Therefore, it is important to explore how Islamic teachings and religious values can be a guide in overcoming these challenges and creating harmonious households.

The choice of Jember as a research location is not without reason. Jember is one of the regions in East Java that has rich cultural and religious diversity. The majority of the population of Jember Regency consists of Javanese and Madurese tribes, and most of them are Muslims. In addition, there are Chinese and Osing people. The average Jember resident is from a migrant community. The people of Jember are known to have strong community ties. The active religious life in Jember, including activities at Al-Mursyid Mosque, offers a relevant and rich context for understanding how religious values are applied in daily life, especially in the context of building household harmony. In addition, Jember also faces social and economic challenges similar to many other regions in Indonesia, such as significant economic disparities among Jember residents. Therefore, the findings of this study are expected to provide a representative picture and be applied more broadly.

There have been several previous studies, such as that conducted by Hikmatullah<sup>59</sup> entitled "Peran Nilai-Nilai Spiritual dalam Mewujudkan Keharmonisan Rumah Tangga di Komunitas Muslim," dan and research conducted by Subairi<sup>60</sup> related to "Keharmonisan Rumah Tangga Perspektif Hukum Islam", but these studies have not specifically discussed the views and aspects that are considered important in households according to Muslim families. This research aims to fill this gap by analyzing in more depth how the spiritual aspects taught at Al-Mursyid Mosque can be applied in domestic life to achieve harmony

This study aims to identify the key aspects that are considered important by the congregation of Al-Mursyid Mosque in building and maintaining household harmony. This research explores the views, experiences, and practices carried out by worshipers in an effort to create harmonious relationships. The results of this study are expected to make a significant contribution to understanding the dynamics of household harmony from the perspective of religion and local culture, as well as providing practical guidance for married couples in building better relationships based on religious values.

In addition, this research also aims to enrich the literature on household harmony, especially in the context of Muslim communities in Indonesia. With a deeper understanding of how religious values

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<sup>59</sup> Hikmatullah. (2022). Model Keluarga Harmonis dalam Islam. *Syaksia Jurnal Hukum Perdata Islam*, 23(1), 88–100. <https://doi.org/10.37035/syaksia.v23i1.6471>

<sup>60</sup> Subairi, S. (2021). Keharmonisan rumah tangga perspektif hukum Islam. *ejournal.uas.ac.id*. <https://doi.org/10.36835/mabahits.v2i2.765>

and spiritual practices are applied in daily life to achieve household harmony, it is hoped that the findings of this study can be used as a reference for other couples who want to build a better and more harmonious relationship based on religious values. This research can also serve as the basis for family education and counseling programs that aim to improve the quality of married life in a challenging modern society.

Through this research, it is hoped that more concrete and applicable solutions can be found to assist couples in creating and maintaining household harmony, so as to ease the unrest and concerns that exist in society regarding the stability of family institutions.

## **B. RESEARCH METHOD**

This study used a quantitative method with a questionnaire distribution technique to collect data on the views of the congregation of Al-Mursyid Mosque on household harmony. The questionnaire was distributed on May 18, 2024, and filled out by eight Muslim women worshipers who are part of the community. The questionnaire instrument was designed to explore various aspects that are considered important in building a harmonious household, according to their views.

The data collected from the questionnaire was then analyzed to identify key themes and factors that contribute to household harmony. This analysis provided insights into the views and daily practices that the respondents considered crucial in creating a happy and balanced relationship. The findings from this analysis are expected to significantly contribute to the understanding of the factors that influence household harmony in these communities.

## **C. RESULTS AND DISCUSSION**

The findings of this study identify various important aspects of creating household harmony according to the views of the congregation of Al-Mursyid Mosque, including:

### **1. Trust and Common Faith**

Deep trust and common faith are considered the main foundations of a harmonious household. This commonality creates a solid foundation for the relationship, facilitates effective communication, and reduces the potential for conflict. Couples with similar worldviews can agree on the basic principles of living together, making it easier for them to overcome challenges and achieve common goals. Implementing the concept of having common faith in married life can improve the quality of the

relationship, reduce the risk of divorce, aid personal and spiritual growth, and create a positive environment for the growth of children.<sup>61</sup>

Joint efforts in attaining Allah's love are also a key element in maintaining harmony. Spiritual activities undertaken together, such as worship and prayer, strengthen emotional bonds and provide a common spiritual goal. This alignment in spiritual attainment increases the couple's motivation to support each other in practicing their religion. Consistent application of Islamic teachings and mutual trust are important cornerstones of a harmonious relationship. Religious integrity and deep trust between spouses play a central role in maintaining household harmony. In a *sakinah* family, husband and wife will trust, appreciate, and respect each other and remind each other when the other partner makes mistakes.<sup>62</sup> Trust and commitment to religious principles strengthen emotional bonds and create meaningful relationships.

## 2. Meeting Each Other's Needs

Loving and meeting each other's needs is a fundamental aspect of a harmonious relationship. These needs include emotional and material needs, and the fulfillment of these needs shows the couple's dedication to mutual well-being. According to Nabila's research (2024), harmony in the family will be realized in the household of a married couple who have main factors and supporting factors. The main factors are the fulfillment of outward (rights and obligations), inward (biological needs and gentleness), and spiritual (knowledge and religious education) needs.<sup>63</sup> Attention to the needs of the spouse creates a loving and supportive environment, improves the quality of the relationship, and strengthens harmony.

A good and healthy relationship between husband and wife, as well as between other family members, is a sign of a harmonious household. Effective communication is the cornerstone of this partnership, and for a husband and wife to form a peaceful family, there must be a positive interpersonal bond between them and also with other family members.<sup>64</sup> Understanding and striving to please one's spouse also play an important role in maintaining harmony. Effective communication and active efforts to fulfill the partner's wishes contribute to a healthy relationship. This involves listening carefully,

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<sup>61</sup> Jamil, R., & Mahbubi, M. (2024, June 19). Pernikahan sekufu' suami istri sebagai upaya menciptakan pernikahan yang sakinah mawaddah warohmah. <https://journal.stai-almujtama.ac.id/index.php/al-fattah/article/view/46>

<sup>62</sup> Masri, M. (2024). Konsep Keluarga Harmonis Dalam Bingkai Sakinah, Mawaddah, WARAHMAH. *Tahqiqat/Tahqiqat*, 18(1), 109–123. <https://doi.org/10.61393/tahqiqat.v18i1.219>

<sup>63</sup> Nabila, N. I. (2024). Keterkaitan Antara Pernikahan Dini Dengan Keharmonisan Keluarga Dan Pola Pengasuhan Anak. *Jurnal Ilmu Kesejahteraan Sosial HUMANITAS*. <https://journal.unpas.ac.id/index.php/humanitas/article/view/2830>

<sup>64</sup> Yulianti, Y., Astuti, M. T., & Riayunda, L. T. (2023). Komunikasi Keluarga Sebagai Sarana Keharmonisan Keluarga. *Innovative: Journal of Social Science Research*. <https://doi.org/10.31004/innovative.v3i2.860>

showing empathy, and performing small acts of attention, which in turn strengthens the emotional bond between the couple. A healthy marriage will provide each other with care and support.<sup>65</sup>

### 3. Education and Positive Attitudes

Good religious education plays a crucial role in building and maintaining a harmonious relationship. In-depth religious knowledge enables couples to understand spiritual teachings that are relevant to their daily lives. Harmonious families can be realized if Islamic religious education is made the foundation of the family. In addition, it is also supported by other knowledge. Harmony cannot be realized by itself; it requires hard work done together with the spouse.<sup>66</sup> This includes how to overcome problems and challenges wisely, in accordance with the religious principles they profess. With a strong religious understanding, couples can deal with conflict with a more constructive and tolerant approach, reducing the potential for disputes that can damage household harmony.

In addition, an attitude of gratitude and mutual respect are important components that contribute to harmony. An attitude of gratitude not only strengthens the relationship by creating a sense of satisfaction and appreciation towards the partner, but also helps couples to focus more on the positive aspects of their relationship. When couples appreciate each other, they create an environment of support and appreciation, which in turn strengthens their emotional bond. A harmonious family is one that always understands each other's shortcomings and also appreciates each other's personalities.<sup>67</sup> This positive attitude not only reduces the chances of conflict but also encourages healthier and more satisfying interactions in the relationship, thus creating a harmonious and happy atmosphere in the household.

### 4. Tolerance and Acceptance

Tolerance and acceptance of one's partner, with all its advantages and disadvantages, is an important foundation for creating a harmonious household. This acceptance reflects a deep commitment to the relationship, where couples not only accept each other's strengths but also understand and appreciate each other's weaknesses. The most important thing in a family is mutual respect between

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<sup>65</sup> Siahaan, R. F. (2016). Membangun Keluarga Yang Sukses Dan Harmonis. *Jurnal Keluarga Sehat Sejahtera*, 14(28). <https://doi.org/10.24114/jkss.v14i28.4697>

<sup>66</sup> Widayani, A. R., & Mardyawati, M. (2021). Peranan Pendidikan Islam dalam Mewujudkan Keluarga Harmonis. *Dirasat Islamiah: Jurnal Kajian Keislaman*. <https://doi.org/10.5281/zenodo.6138093>

<sup>67</sup> Yani, I., & Indrawati. (2018). Harmonisasi Keluarga Pasangan Suami Istri Yang Tidak Memiliki Keturunan Di Desa Bangun Jaya Kecamatan Tambusai Utara Kabupaten Rokan Hulu. *Jurnal Online Mahasiswa (JOM) Bidang Ilmu Sosial Dan Ilmu Politik*. <https://jom.unri.ac.id/index.php/JOMFSIP/article/view/16545>

each partner and acceptance of each other's strengths and weaknesses.<sup>68</sup> By practicing tolerance, couples show that they value the diversity and differences that exist in their relationship. This means that couples do not try to change or negatively judge different aspects of each other's character, but rather choose to adapt and support each other.

Genuine acceptance helps reduce conflicts that often arise due to incompatibility or unrealistic expectations. When each individual feels accepted and valued for who they are, the household atmosphere becomes more harmonious and loving. This creates an environment where couples can feel safe expressing their feelings and needs without fear of judgment or rejection. Thus, an attitude of tolerance and acceptance strengthens emotional bonds and creates a more stable relationship where each partner feels valued and loved and is better able to face challenges together.

### 5. Balance of Rights and Obligations

Awareness of the rights and obligations of each family member is a crucial component in creating balance and justice in the household. Each individual in the family has certain roles and responsibilities that must be fulfilled to maintain harmony and ensure relationships run fairly. This awareness includes a deep understanding of what each partner's rights and obligations are, as well as how to carry out these responsibilities effectively. A harmonious family will be realized if husband and wife understand the purpose of marriage and fulfill their respective obligations.<sup>69</sup> By understanding and recognizing their respective roles, family members can work together to fulfill their obligations without feeling burdened or neglected.

The importance of a clear understanding of rights and obligations also lies in its ability to prevent dissatisfaction and conflict. Understanding each other's roles applies to both parents and children so that they know their obligations, duties, and responsibilities and remind each other of them, supporting them spiritually and emotionally and strengthening the bonds between family members.<sup>70</sup> When each family member knows and recognizes their responsibilities, it creates a clear structure in the relationship. This structure helps avoid injustices and disputes that may arise due to an imbalance of burdens or unmet expectations. In this context, all parties feel valued and involved in the relationship equally. A good

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<sup>68</sup> Jafar, R., Jannah, M., & Rahman, A. (2023). Penyebab Ketidakharmonisan Keluarga Di Sulawesi Selatan Periode 2007-2021. *Jurnal Sipakalebibi*, 7(2), 97–114. <https://doi.org/10.24252/sipakalebibi.v7i2.38269>

<sup>69</sup> Maghfirah, J. (2022). Kriteria Keluarga Harmonis Menurut Masyarakat Desa Babel Gabungan Kecamatan Babel Kabupaten Aceh Tenggara - UIN - Ar Raniry Repository [UIN Ar-Raniry]. <https://repository.ar-raniry.ac.id/id/eprint/21990/>

<sup>70</sup> Nurselly, N., Nabilla, C. A., Sari, I. P., & Brhawijaya, B. (2024). Keharmonisan Keluarga Ditinjau dari Perspektif Psikologi Dakwah. *Nurselly | Journal of Islamic Guidance and Counseling*. <https://doi.org/10.29300/istisyfa.v2i2.2435>

balance of rights and responsibilities ensures that no family member feels disadvantaged or neglected, thus creating a fair and harmonious atmosphere within the household.

#### **D. CONCLUSION:**

This study identifies various important aspects of creating household harmony according to the views of the congregation of Al-Mursyid Mosque. The five main aspects found are: trust and common faith; meeting each other's needs; education and a positive attitude; tolerance and acceptance; and a balance of rights and obligations. Each of these aspects plays a crucial role in building a strong foundation for a harmonious and happy relationship.

The findings provide valuable insights for couples who want to build a harmonious household based on religious values and daily practices. The implementation of these principles can assist couples in creating a family environment of love, support, and togetherness.

The implications of this study can also be used to design family education and counseling programs that emphasize the importance of religious values and principles of harmony in husband-wife relationships. With proper understanding and application, couples can improve the quality of their relationship and achieve a happier and more harmonious home life.

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